**COVID 19: Spinal Cord Injuries & Attendant Care**

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| Organization Name | Website | Contact | Resources |
| UAB SCIMS | <https://www.uab.edu/medicine/sci/> | University of Alabama at Birmingham, Birmingham, AL (205) 934-3283 | * Managing PCA & Sample Advertisements for Hiring: <http://sci.washington.edu/caregivers/index.asp> * Employing/Managing a PCA: <https://images.main.uab.edu/spinalcord/SCI%20Infosheets%20in%20PDF/Personal%20Care%20Attendant.pdf> |
| The Rocky Mountain Regional Spinal Injury System | <https://craighospital.org/programs/research> | Craig Hospital, Englewood, CO (303) 789-8306 | * Nurse Support Line: <https://craighospital.org/blog/nurse-advice-line-support-during-covid-19-outbreak?fbclid=IwAR3cAzhTF0i_qbxqvFh3etsqcddBu6M9YHtI0uwLtZ6ZQD7ajsqp-KtcWak> * COVID 19 FAQ: <https://craighospital.org/blog/covid-19-spinal-cord-injury-and-brain-injury> * Donation Page (Caregiver relief, electronics, food) <https://craighospital.org/foundation/covid-19-how-you-can-help#donate> * Action Steps For You and Your Caregiver COVID19: <http://cdrnys.org/blog/programs-services/action-steps-for-attendant-service-users-in-response-to-coronavirus-disease-2019-covid-19/> |
| Southeastern Regional Spinal Cord Injury Model System | <https://www.shepherd.org> | Shepherd Center, Inc., Atlanta, GA (404) 352-2020 | * Staying Prepared (Medications/Supplies): <https://news.shepherd.org/staying-prepared/?_ga=2.157294778.1888541807.1589479400-252243354.1581440234> * Physical & Psychological Health Tips (Includes diagrams): <https://news.shepherd.org/tips-for-managing-psychological-health-and-self-care-during-the-coronavirus-pandemic/?_ga=2.153559608.1888541807.1589479400-252243354.1581440234> * Staying Prepared: <https://news.shepherd.org/qa-coronavirus-disease-2019-covid-19/?_ga=2.49589478.1314721981.1583416882-868935734.1522794814> |
| Northern New Jersey Spinal Cord Injury System | <https://kesslerfoundation.org> | Kessler Foundation, West Orange, NJ (973) 324-3567 | * Minimizing Risks During COVID19 Interview: <https://soundcloud.com/kesslerfoundation/covid-19-and-spinal-cord-injury-minimizing-risks-for-complications> (Transcript of words: <https://kesslerfoundation.org/sites/default/files/2020-04/COVID-19-and-spinal-cord%20Injury_minimizing-risks-for-complications-TRANSCRIPTION.pdf> ) |
| Mount Sinai Hospital Spinal Cord Injury Program | <https://icahn.mssm.edu/research/spinal-cord-injury> | Department of Rehabilitation Medicine, New York, NY (212) 659-9369 | * Home Care Agencies accepting new clients:   + Visiting Nurse Service of New York (VNSNY) <https://www.vnsny.org> 888-735-8912   + ComForCare Homecare <https://www.comforcare.com/new-york/nyc.html> 212-256-1933   + NY Connects <https://www.nyconnects.ny.gov/contact-us> |
| Northeast Ohio Regional Spinal Cord Injury System- Metro Health | <https://www.metrohealth.org> | Case Western Reserve University, Cleveland, OH (216) 778-8781 | * Providing in person care at hospital with masks * Compassion Care Providers: <https://vimeo.com/404776890> (Video) <https://soundcloud.com/metrohealth/visitation-is-on-hold-compassion-isnt> (Podcast) |
| Ohio Regional Spinal Cord Injury Model System- The Ohio State University Wexner Medical Centre | <https://wexnermedical.osu.edu> | Ohio State University, Wexner Medical Center, Columbus, OH (614) 366-3877 | * COVID-19 & SCI: <https://wexnermedical.osu.edu/-/media/files/wexnermedical/patient-care/healthcare-services/neurological-institute/departments-and-centers/research-centers/spinal-cord-injury-resources-rehab-and-research/neursbi_20401863_spinalcordpatientcovid19handout_final.pdf> * Wheelchair users and & COVID-19: <https://www.youtube.com/watch?v=UBhb6GnXJM8> (6:20 for care provider knowledge) |
| New Mobility | <https://www.newmobility.com/category/covid-19/> | Magazine for active wheelchair users | Consistently updated with COVID19 updates |
| [Arkansas Chapter of United Spinal Association](https://unitedspinal.org/chapter/arkansas-chapter-of-united-spinal-association/) |  | 479-747-0217 | * Request for assistance: <https://askus-resource-center.unitedspinal.org/index.php?pg=request> |
| [Golden State Chapter of United Spinal Association](https://unitedspinal.org/chapter/golden-state-chapter-of-united-spinal-association/) | <https://triumph-foundation.org/> | Santa Clarita, California  203-284-2910 | * Care Providers: <https://triumph-foundation.org/resource/care-providers/#title> |
| [Greater Atlanta Chapter of United Spinal Association](https://unitedspinal.org/chapter/greater-atlanta-chapter-of-united-spinal-association/) |  | Atlanta, GA  206-334-2424 | * Online Appointment Making: <https://www.facebook.com/georgiascihappenings/> * Lots of exercise videos on Facebook page |
| [Greater Boston Chapter of United Spinal Association](https://unitedspinal.org/chapter/greater-boston-chapter-of-united-spinal-association/) | <https://www.sciboston.org> | Atlanta, GA | * Grant application for driving mods & durable medical equipment: <https://www.sciboston.org/grants-1> * Independent Living: <https://www.facebook.com/BostonCIL/?__tn__=kCH-R&eid=ARAYlQiinDk1ggtYlrwMUgob6sEV9YIu0_zGCy_pCQD5OfpXr8gYKqpscOnfcJTWyc-2_5hA9OqVMooV&hc_ref=ARQqzZ2RKRGCWH14aUjy7S6EjKq-ljTmHnQvM-uIbrnPr9mmPXfrlr-jTSpWVnzxXp0&fref=nf> - Wednesday May 20 for a Virtual Housing Workshop from 10 am-12 pm |
| [Greater Orlando Chapter of United Spinal Association](https://unitedspinal.org/chapter/greater-orlando-chapter-of-united-spinal-association/) |  | Orlando, Florida  407-900-6724 | * SCI & COVID: <https://www.goscin.org/coronavirus-and-spinal-cord-injures/?preview=true&frame-nonce=766e2acb7b&fbclid=IwAR3R7y5XXy6tszmcwUcpgZ8GguuQNvHLZnUNonqMpy6cZ6fhveW78WU91a0> |
| [Houston Chapter of United Spinal Association](https://unitedspinal.org/chapter/houston-chapter-of-united-spinal-association/) | <https://unitedspinalhudsonvalley.org> | 4106 Austin Street. Houston, Texas 77004 | * Free PPE kit for home-based care teams: <https://secure.acceptiva.com/?cst=Ri394J&fbclid=IwAR0evdaA2hWwRPbLczk7QCcYT4ObTbVXOpiU7n0l7QJvkd5R-vV1Xl970VE> * <https://www.facebook.com/unitedspinalhouston/> many drawing & meditation sessions on Zoom via Facebook page * Assessment/Survey of the Houston Disability Community Needs: <https://docs.google.com/forms/d/e/1FAIpQLSdfyub0zfYvwLfXCJgjGQPBss6Ucfm9xPyyiw3kejfRe9pEBQ/viewform?fbclid=IwAR31Xbjlj0ujEol8lZF08c4f_znOHlz1lASsWK-p0PAzcac97tFDmB9vNj4> |
| United Spinal Association | <https://unitedspinal.org> | 718-803-3782 | * Caregiver Resource list: <https://askus-resource-center.unitedspinal.org/index.php?pg=kb.book&id=9> * Request for Assistance: <https://askus-resource-center.unitedspinal.org/index.php?pg=request> * Relief Grant: <https://unitedspinal.org/covid-19-relief/> |
| SCI Alberta | <https://sci-ab.ca> | [edmonton@sci-ab.ca](mailto:edmonton@sci-ab.ca)  1-888-654-5444 | * Online Courses: <https://scialberta.online-compliance.com/PreRegister.php>   + Working as a Home Healthcare Provider - $34.95   + Feeding, Eating, Swallowing - $59.49   + Course Selection Page for Purchase: <https://scialberta.online-compliance.com/Register.php> * SCI Self-Management Mobile App: <http://icord.org/studies/2018/11/sci-self-management-mobile-app-2/?fbclid=IwAR0WBUTQjzHRrr9EYIATLzSb5qJu2VltFPx2wl7nx_3IHqXQwm8aGmuRapI> * Taking Care of Respiratory Equipment: <https://www.youtube.com/watch?v=27pLp4BpThM&feature=youtu.be&fbclid=IwAR0noCUFdt-r3x3lKAMKXIgeBx8i_4nIwIR7U4vM4cpxueeIorAgCPhoty0> * Community Access for People in Continuing Care: <https://sci-ab.ca/community/> |
| SCI Ontario | <https://sciontario.org> | [info@sciontario.org](mailto:info@sciontario.org)  416-422-5644 | * Emergency Preparedness: <https://sciontario.org/emergency-preparedness-be-bold-be-safe-be-proactive/> * Medical Supplies: <https://sciontario.org/covid-19-medical-supplies-funding-attendant-care-news/> * COVID-19 & SCI: <https://vimeo.com/401191363> (UofT PhD Student, SCIO public Policy Officer & Manager of Peer Programs * Guide for Caregivers, Household Members, Close Contact: <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-guide-isolation-caregivers.pdf?la=en> * Tips for Individuals with Restricted Breathing: <https://newsnetwork.mayoclinic.org/discussion/expert-alert-when-you-cant-cough-―-extra-covid-19-precautions-for-people-with-physical-disabilities/?fbclid=IwAR2OaAUd2LuesUt2KQ4EWdd78IPWIWRnaQodsQfBn9jZGBWDuH5o0rx1cgs> * Cortree: (FREE) <https://sciontario.org/support-services/resources/cortree-online-learning/>   + How to Register: become SCIO Community Member, receive Welcome email, sign in to Cortree * Ontario Healthcare Matching Portal: <https://healthcloudtrialmaster-15a4d-17117fe91a8.force.com/matchingportal/s/?language=en_US> * SCIO Resource Page: <https://sciontario.org/covid-19-update/> |
| SCI BC | <https://sci-bc.ca> | [info@sci-bc.ca](mailto:info@sci-bc.ca)  [1 800 689 2477](tel:SCIBCInfoLine18006892477) | * Rehab & Exercises: <https://sci-bc.ca/askanexpert-rehab-resources/> * COVID FAQ: <https://sci-bc.ca/covid-19-sci-faq/> * Contest: Win a year’s supply of SpeediCath <https://www.coloplast.ca/contest> * B.C. Government COVID Survey: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/covid-19-questionnaire> * BC SCI Q & A: <https://www.youtube.com/watch?v=bw2r_AsgPgo&t=352s> * Peer Program: <https://sci-bc.ca/peer-program/about-peer-program/> |
| SCI Saskatchewan | <https://scisask.ca> | 306.652.9644 or 1.888.282.0186  [sciinfo@scisask.ca](mailto:sciinfo@scisask.ca) | * Guidance for SCI Community & COVID: <https://sci-can.ca/resource/covid-19-guidance-our-spinal-cord-injury-community?fbclid=IwAR2kz-_QqxHMFWLy8QSFQ-V5_dEpgfhlrEnTRqTmQy8QSaIUGXxApzRLlgM> |
| SCI Newfoundland | <https://sci-nl.ca> | [info@sci-nl.ca](mailto:info@sci-bc.ca)  (709) 753-5901  1-877-783-5901 | * Home Caregiver Support Online Training Program: (FREE)   + French [http://stlazarusfr.sjatraining.ca](http://stlazarusfr.sjatraining.ca/?fbclid=IwAR0DES2owR1seqeTaux5pNpMdtYbucw4kSkJSEeKdV0qbW7_CnjU1xkpDF8)   + English [http://stlazarus.sjatraining.ca](http://stlazarus.sjatraining.ca/?fbclid=IwAR2ctIxhUROmQ55_yAGnG1x7zTM6Nlx2SppdEW3-beTg0UzlkhhCKMByaLk) |
| SCI Nova Scotia | <https://www.thespine.ca> | 902-423-1277  [halifax@canparaplegic.org](mailto:halifax@canparaplegic.org) | * Guidance for SCI Community: <https://www.thespine.ca/covid-19-and-you/guidance-for-the-spinal-cord-injury-community/?fbclid=IwAR1uBwDiMpHSZ4_p-yFvQ67qWuUgVQsNIdm79qmyOiYvK3olNdSLndVRtCE> * Resources link: <https://www.thespine.ca/covid-19-and-you/covid-19-resource-links/> |