**COVID 19: Spinal Cord Injuries & Attendant Care**

|  |  |  |  |
| --- | --- | --- | --- |
| Organization Name | Website | Contact | Resources |
| UAB SCIMS | <https://www.uab.edu/medicine/sci/> | University of Alabama at Birmingham, Birmingham, AL(205) 934-3283 | * Managing PCA & Sample Advertisements for Hiring: <http://sci.washington.edu/caregivers/index.asp>
* Employing/Managing a PCA: <https://images.main.uab.edu/spinalcord/SCI%20Infosheets%20in%20PDF/Personal%20Care%20Attendant.pdf>
 |
| The Rocky Mountain Regional Spinal Injury System | <https://craighospital.org/programs/research> | Craig Hospital, Englewood, CO(303) 789-8306 | * Nurse Support Line: <https://craighospital.org/blog/nurse-advice-line-support-during-covid-19-outbreak?fbclid=IwAR3cAzhTF0i_qbxqvFh3etsqcddBu6M9YHtI0uwLtZ6ZQD7ajsqp-KtcWak>
* COVID 19 FAQ: <https://craighospital.org/blog/covid-19-spinal-cord-injury-and-brain-injury>
* Donation Page (Caregiver relief, electronics, food) <https://craighospital.org/foundation/covid-19-how-you-can-help#donate>
* Action Steps For You and Your Caregiver COVID19: <http://cdrnys.org/blog/programs-services/action-steps-for-attendant-service-users-in-response-to-coronavirus-disease-2019-covid-19/>
 |
| Southeastern Regional Spinal Cord Injury Model System | <https://www.shepherd.org>  | Shepherd Center, Inc., Atlanta, GA(404) 352-2020 | * Staying Prepared (Medications/Supplies): <https://news.shepherd.org/staying-prepared/?_ga=2.157294778.1888541807.1589479400-252243354.1581440234>
* Physical & Psychological Health Tips (Includes diagrams): <https://news.shepherd.org/tips-for-managing-psychological-health-and-self-care-during-the-coronavirus-pandemic/?_ga=2.153559608.1888541807.1589479400-252243354.1581440234>
* Staying Prepared: <https://news.shepherd.org/qa-coronavirus-disease-2019-covid-19/?_ga=2.49589478.1314721981.1583416882-868935734.1522794814>
 |
| Northern New Jersey Spinal Cord Injury System | <https://kesslerfoundation.org>  | Kessler Foundation, West Orange, NJ(973) 324-3567 | * Minimizing Risks During COVID19 Interview: <https://soundcloud.com/kesslerfoundation/covid-19-and-spinal-cord-injury-minimizing-risks-for-complications> (Transcript of words: <https://kesslerfoundation.org/sites/default/files/2020-04/COVID-19-and-spinal-cord%20Injury_minimizing-risks-for-complications-TRANSCRIPTION.pdf> )
 |
| Mount Sinai Hospital Spinal Cord Injury Program | <https://icahn.mssm.edu/research/spinal-cord-injury>  | Department of Rehabilitation Medicine, New York, NY(212) 659-9369 | * Home Care Agencies accepting new clients:
	+ Visiting Nurse Service of New York (VNSNY) <https://www.vnsny.org> 888-735-8912
	+ ComForCare Homecare <https://www.comforcare.com/new-york/nyc.html> 212-256-1933
	+ NY Connects <https://www.nyconnects.ny.gov/contact-us>
 |
| Northeast Ohio Regional Spinal Cord Injury System- Metro Health | <https://www.metrohealth.org>  | Case Western Reserve University, Cleveland, OH(216) 778-8781 | * Providing in person care at hospital with masks
* Compassion Care Providers: <https://vimeo.com/404776890> (Video) <https://soundcloud.com/metrohealth/visitation-is-on-hold-compassion-isnt> (Podcast)
 |
| Ohio Regional Spinal Cord Injury Model System- The Ohio State University Wexner Medical Centre | <https://wexnermedical.osu.edu>  | Ohio State University, Wexner Medical Center, Columbus, OH(614) 366-3877 | * COVID-19 & SCI: <https://wexnermedical.osu.edu/-/media/files/wexnermedical/patient-care/healthcare-services/neurological-institute/departments-and-centers/research-centers/spinal-cord-injury-resources-rehab-and-research/neursbi_20401863_spinalcordpatientcovid19handout_final.pdf>
* Wheelchair users and & COVID-19: <https://www.youtube.com/watch?v=UBhb6GnXJM8> (6:20 for care provider knowledge)
 |
| New Mobility | <https://www.newmobility.com/category/covid-19/>  | Magazine for active wheelchair users | Consistently updated with COVID19 updates |
| [Arkansas Chapter of United Spinal Association](https://unitedspinal.org/chapter/arkansas-chapter-of-united-spinal-association/) |  | 479-747-0217 | * Request for assistance: <https://askus-resource-center.unitedspinal.org/index.php?pg=request>
 |
| [Golden State Chapter of United Spinal Association](https://unitedspinal.org/chapter/golden-state-chapter-of-united-spinal-association/) | <https://triumph-foundation.org/> | Santa Clarita, California203-284-2910 | * Care Providers: <https://triumph-foundation.org/resource/care-providers/#title>
 |
| [Greater Atlanta Chapter of United Spinal Association](https://unitedspinal.org/chapter/greater-atlanta-chapter-of-united-spinal-association/) |  | Atlanta, GA206-334-2424 | * Online Appointment Making: <https://www.facebook.com/georgiascihappenings/>
* Lots of exercise videos on Facebook page
 |
| [Greater Boston Chapter of United Spinal Association](https://unitedspinal.org/chapter/greater-boston-chapter-of-united-spinal-association/) | <https://www.sciboston.org>  | Atlanta, GA | * Grant application for driving mods & durable medical equipment: <https://www.sciboston.org/grants-1>
* Independent Living: <https://www.facebook.com/BostonCIL/?__tn__=kCH-R&eid=ARAYlQiinDk1ggtYlrwMUgob6sEV9YIu0_zGCy_pCQD5OfpXr8gYKqpscOnfcJTWyc-2_5hA9OqVMooV&hc_ref=ARQqzZ2RKRGCWH14aUjy7S6EjKq-ljTmHnQvM-uIbrnPr9mmPXfrlr-jTSpWVnzxXp0&fref=nf> - Wednesday May 20 for a Virtual Housing Workshopfrom 10 am-12 pm
 |
| [Greater Orlando Chapter of United Spinal Association](https://unitedspinal.org/chapter/greater-orlando-chapter-of-united-spinal-association/) |  | Orlando, Florida407-900-6724 | * SCI & COVID: <https://www.goscin.org/coronavirus-and-spinal-cord-injures/?preview=true&frame-nonce=766e2acb7b&fbclid=IwAR3R7y5XXy6tszmcwUcpgZ8GguuQNvHLZnUNonqMpy6cZ6fhveW78WU91a0>
 |
| [Houston Chapter of United Spinal Association](https://unitedspinal.org/chapter/houston-chapter-of-united-spinal-association/) | <https://unitedspinalhudsonvalley.org>  | 4106 Austin Street. Houston, Texas 77004  | * Free PPE kit for home-based care teams: <https://secure.acceptiva.com/?cst=Ri394J&fbclid=IwAR0evdaA2hWwRPbLczk7QCcYT4ObTbVXOpiU7n0l7QJvkd5R-vV1Xl970VE>
* <https://www.facebook.com/unitedspinalhouston/> many drawing & meditation sessions on Zoom via Facebook page
* Assessment/Survey of the Houston Disability Community Needs: <https://docs.google.com/forms/d/e/1FAIpQLSdfyub0zfYvwLfXCJgjGQPBss6Ucfm9xPyyiw3kejfRe9pEBQ/viewform?fbclid=IwAR31Xbjlj0ujEol8lZF08c4f_znOHlz1lASsWK-p0PAzcac97tFDmB9vNj4>
 |
| United Spinal Association  | <https://unitedspinal.org>  | 718-803-3782  | * Caregiver Resource list: <https://askus-resource-center.unitedspinal.org/index.php?pg=kb.book&id=9>
* Request for Assistance: <https://askus-resource-center.unitedspinal.org/index.php?pg=request>
* Relief Grant: <https://unitedspinal.org/covid-19-relief/>
 |
| SCI Alberta | <https://sci-ab.ca>  | edmonton@sci-ab.ca 1-888-654-5444 | * Online Courses: <https://scialberta.online-compliance.com/PreRegister.php>
	+ Working as a Home Healthcare Provider - $34.95
	+ Feeding, Eating, Swallowing - $59.49
	+ Course Selection Page for Purchase: <https://scialberta.online-compliance.com/Register.php>
* SCI Self-Management Mobile App: <http://icord.org/studies/2018/11/sci-self-management-mobile-app-2/?fbclid=IwAR0WBUTQjzHRrr9EYIATLzSb5qJu2VltFPx2wl7nx_3IHqXQwm8aGmuRapI>
* Taking Care of Respiratory Equipment: <https://www.youtube.com/watch?v=27pLp4BpThM&feature=youtu.be&fbclid=IwAR0noCUFdt-r3x3lKAMKXIgeBx8i_4nIwIR7U4vM4cpxueeIorAgCPhoty0>
* Community Access for People in Continuing Care: <https://sci-ab.ca/community/>
 |
| SCI Ontario | <https://sciontario.org>  | info@sciontario.org416-422-5644  | * Emergency Preparedness: <https://sciontario.org/emergency-preparedness-be-bold-be-safe-be-proactive/>
* Medical Supplies: <https://sciontario.org/covid-19-medical-supplies-funding-attendant-care-news/>
* COVID-19 & SCI: <https://vimeo.com/401191363> (UofT PhD Student, SCIO public Policy Officer & Manager of Peer Programs
* Guide for Caregivers, Household Members, Close Contact: <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-guide-isolation-caregivers.pdf?la=en>
* Tips for Individuals with Restricted Breathing: [https://newsnetwork.mayoclinic.org/discussion/expert-alert-when-you-cant-cough-―-extra-covid-19-precautions-for-people-with-physical-disabilities/?fbclid=IwAR2OaAUd2LuesUt2KQ4EWdd78IPWIWRnaQodsQfBn9jZGBWDuH5o0rx1cgs](https://newsnetwork.mayoclinic.org/discussion/expert-alert-when-you-cant-cough-%E2%80%95-extra-covid-19-precautions-for-people-with-physical-disabilities/?fbclid=IwAR2OaAUd2LuesUt2KQ4EWdd78IPWIWRnaQodsQfBn9jZGBWDuH5o0rx1cgs)
* Cortree: (FREE) <https://sciontario.org/support-services/resources/cortree-online-learning/>
	+ How to Register: become SCIO Community Member, receive Welcome email, sign in to Cortree
* Ontario Healthcare Matching Portal: <https://healthcloudtrialmaster-15a4d-17117fe91a8.force.com/matchingportal/s/?language=en_US>
* SCIO Resource Page: <https://sciontario.org/covid-19-update/>
 |
| SCI BC | <https://sci-bc.ca> | info@sci-bc.ca1 800 689 2477  | * Rehab & Exercises: <https://sci-bc.ca/askanexpert-rehab-resources/>
* COVID FAQ: <https://sci-bc.ca/covid-19-sci-faq/>
* Contest: Win a year’s supply of SpeediCath <https://www.coloplast.ca/contest>
* B.C. Government COVID Survey: <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/covid-19-questionnaire>
* BC SCI Q & A: <https://www.youtube.com/watch?v=bw2r_AsgPgo&t=352s>
* Peer Program: <https://sci-bc.ca/peer-program/about-peer-program/>
 |
| SCI Saskatchewan | <https://scisask.ca>  | 306.652.9644 or 1.888.282.0186sciinfo@scisask.ca  | * Guidance for SCI Community & COVID: <https://sci-can.ca/resource/covid-19-guidance-our-spinal-cord-injury-community?fbclid=IwAR2kz-_QqxHMFWLy8QSFQ-V5_dEpgfhlrEnTRqTmQy8QSaIUGXxApzRLlgM>
 |
| SCI Newfoundland | <https://sci-nl.ca>  | info@sci-nl.ca(709) 753-59011-877-783-5901 | * Home Caregiver Support Online Training Program: (FREE)
	+ French [http://stlazarusfr.sjatraining.ca](http://stlazarusfr.sjatraining.ca/?fbclid=IwAR0DES2owR1seqeTaux5pNpMdtYbucw4kSkJSEeKdV0qbW7_CnjU1xkpDF8)
	+ English [http://stlazarus.sjatraining.ca](http://stlazarus.sjatraining.ca/?fbclid=IwAR2ctIxhUROmQ55_yAGnG1x7zTM6Nlx2SppdEW3-beTg0UzlkhhCKMByaLk)
*
 |
| SCI Nova Scotia | <https://www.thespine.ca>  | 902-423-1277halifax@canparaplegic.org | * Guidance for SCI Community: <https://www.thespine.ca/covid-19-and-you/guidance-for-the-spinal-cord-injury-community/?fbclid=IwAR1uBwDiMpHSZ4_p-yFvQ67qWuUgVQsNIdm79qmyOiYvK3olNdSLndVRtCE>
* Resources link: <https://www.thespine.ca/covid-19-and-you/covid-19-resource-links/>
 |