

Resources Sheet for Virtual Care & Support

If you are in crisis and require virtual care or support and live in the United States or Canada, these are organizations you can reach out to for help

United States

United Spinal Association State Chapters - <https://unitedspinal.org/support/chapter-network/>

Canada

Independent Living Canada - <https://www.ilc-vac.ca/centers.html>

SCI Ontario – <http://www.sciontario.org/>

SCI British Columbia – <http://www.sci-bc.ca/>

SCI Manitoba - <http://scimanitoba.ca/>

SCI Alberta - <https://sci-ab.ca/>

SCI Newfoundland and Labrador - <http://sci-nl.ca/>

SCI Prince Edward Island - <http://www.sci-pei.ca/>

Canadian Paraplegic Association Nova Scotia - <http://www.thespine.ca/>

SCI Saskatchewan - <https://scisask.ca/>

Provincial Telehealth

Alberta Health Services 811 Health Link -

<https://www.albertahealthservices.ca/assets/healthinfo/link/index.html>

Ontario Telemedicine Network - <https://otn.ca/>

Telehealth Ontario -

https://www.ontario.ca/page/get-medical-advice-telehealth-ontario?_ga=2.167204729.637422466.1589406387-1261597353.1589406387

British Columbia - <https://www.healthlinkbc.ca/about-8-1-1>

Saskatchewan - <https://www.ehealthsask.ca/services/telehealth>

Manitoba - <https://mbtelehealth.ca/>

Quebec - <https://www.quebec.ca/en/health/finding-a-resource/info-sante-811/>

New Brunswick - <https://www2.gnb.ca/content/gnb/en/departments/health/Tele-Care.html>

Nova Scotia - <https://811.novascotia.ca/>

PEI - <https://www.princeedwardisland.ca/en/information/health-and-wellness/811-telehealth>

Newfoundland & Labrador - <https://www.nlchi.nl.ca/index.php/ehealth-systems/telehealth>

Nunavut - <https://www.gov.nu.ca/health/information/telehealth>

Northwest Territories - <https://www.hss.gov.nt.ca/en/services/nwt-healthnet/telehealth>