

TAKEAWAYS ABOUT COVID-19 IN PEOPLE WITH SCI

In order to keep the SCI community informed, NASCIC has taken the initiative to put together a white paper of all current evidence-based information and knowledge about COVID-19 related to those living with SCI .



These are the main takeaways:

These take home messages are based on the published, peer-reviewed evidence as of September 3, 2021



RISK

People with SCI are not at a higher risk of getting infected with the COVID-19 virus; they are a higher risk of exposure if they require daily care and cannot isolate when needed.

SYMPTOMS

The early symptoms people with SCI experience can often be confused with UTI.

COUGH

Cough may not be as severe as compared to people who have COVID but do not have SCI.

SEVERITY

The severity of symptoms and disease course of COVID-19 in people with SCI, so far, is not as bad as initially expected.

AGE

Age appears to be an important risk factor, as well as secondary conditions that are risk factors for the general population.

GET VACCINATED

It is very important to get vaccinated and to minimize the risk of exposure to COVID-19 by washing hands, wearing a mask, and social distancing.

To download a copy of the white paper visit:



[HTTPS://NASCICONSORTIUM.ORG/COVID-19-SCI-WHITEPAPER/](https://nasciconsortium.org/covid-19-sci-whitepaper/)